

# WALTHAM FOREST BLIND ASSOCIATION PRESENTING AN EXCITING PROJECT!



## “DISABILITY INCLUSION FOR BUILDING COMMUNITIES AFFECTED BY COVID-19 CRISIS “

### **15 WEEKS PROJECT**

**TIME: 1 TO 4PM**

**VENUE: WALTHAM FOREST RESOURCE HUB**

**1 RUSSELL ROAD E10 7ES**

Weekly sessions will enable and build stronger friendships connections decrease social isolation and improve health and wellbeing.

Come and join group to reduce isolation, anxiety by sharing activities throughout project.

Refreshments will be provided during the session.

for more information contact:

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